PUBLIC HEALTH ORDER
NAVAJO DEPARTMENT OF HEALTH
NAVAJO OFFICE OF ENVIRONMENTAL HEALTH & PROTECTION PROGRAM

April 29, 2020

Public Health Emergency Order No. 2020-008

Public Health Emergency Order Extending the 57-Hour Weekend Curfew for Two Additional Weekends in May and Closing Essential Businesses During Weekend Curfew Due to Community Spread of COVID-19

I. Paragraphs I – IX from Public Health Emergency Order No. 2020-004 are incorporated herein, addressing the various Navajo Nation (Nation) authorities related to the current COVID-19 Public Health Emergency as well as escalating incidents and community spread of COVID-19 on the Nation.

II. A Stay at Home (Shelter in Place) Order is in effect for all residents of the Nation requiring individuals to limit their movement within and outside of their immediate communities and to limit contact with individuals who are not in their immediate household. (Public Health Emergency Order No. 2020-003 (March 20, 2020), extended by Public Health Emergency Order No. 2020-004 (March 29, 2020)).

III. Regular Curfew hours are from 8:00 P.M. MDT to 5:00 A.M. MDT daily, pursuant to Public Health Emergency Order No. 2020-004.

IV. 57-Hour Weekend Curfews were implemented for three (3) weekends in April 2020, pursuant to Public Health Emergency Order No. 2020-005 (April 5, 2020) and No. 2020-006 (April 16, 2020). The intent and purpose of those orders and the weekend curfew was to restrict movement of individuals on the Nation.

V. The intent and purpose of this Public Health Emergency Order No. 2020-008 is to continue the restriction on movement of individuals and to limit contact on the Nation by implementing the 57-hour weekend curfew from May 1, 2020 to May 4, 2020, and from May 8, 2020 to May 11, 2020, starting at 8:00 P.M. MDT on Friday and ending at 5:00 A.M. MDT on Monday.

THEREFORE, NOTICE IS GIVEN that, pursuant to the power and authority set forth in the NDOH enabling legislation (NNC Resolution No. CO-50-14), and in conjunction with the Navajo Nation Public Health State of Emergency Declaration (CEM Resolution No. 20-03-11):

A. The provisions of Public Health Emergency Order No. 2020-006 (Extending the 57-Hour Weekend Curfew and Closure of Essential Businesses During Weekend Curfews) is
incorporated herein and **Weekend Curfews** across the Nation are extended to May 11, 2020. Additional Weekend Curfews may follow.

B. Except in the event of an emergency, all individuals on the Nation shall remain at home during Weekend Curfew hours from 8:00 P.M. MDT on Friday, May 1, 2020 to 5:00 A.M. MDT on Monday, May 4, 2020 and from 8:00 P.M. MDT on Friday, May 8, 2020 to 5:00 A.M. MDT on Monday, May 11, 2020. This curfew does not apply to Essential Employees reporting to or from duty at an Essential Business as described in Public Health Emergency Order No. 2020-006.

1. Individuals are not required to remain indoors during Weekend Curfews, but must limit movement beyond the immediate area of a residence or home site. Running, hiking, and other physical exercise activities are also permitted starting from (and returning to) one’s residence, so long as individuals do not drive to another location to exercise or exceed a distance of five (5) miles from home.

2. Individuals are again encouraged to plan ahead to obtain hay and feed, if needed, to tend to livestock during the 57-hour time period.

C. **Essential Businesses** shall remain closed during Curfew Weekends, consistent with Health Emergency Order No. 2020-006.

1. This closure and cease operations requirement does not apply to Healthcare Operations, Essential Governmental Functions, or Essential Infrastructure Activities (as those terms are defined below), or to Food Cultivation (as described in Public Health Emergency Order No. 2020-003).

2. Gas stations and grocery stores may operate on a limited basis as described in as described in Public Health Emergency Order No. 2020-006.

**NOTICE IS FURTHER GIVEN** that it is greatly advised that the public take the following preventive precautions:

1. **All persons on the Navajo Nation are required to stay home during the Weekend Curfew and leave their residence or home site areas only in the event of an emergency, to work as an essential employee, or for physical exercise as described above.**

2. Plan and act ahead: buy or get supplies you might need, including medical supplies, food, water, animal feed, firewood or coal, and fuel for your vehicles, during the week when there is not a curfew.

3. Socially distance yourselves. Avoid close contact with people who are sick. Keep at least six feet from others in public.

4. Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing, or having been in a public place. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
5. To the extent possible, avoid touching high-touch surfaces in public places – elevator buttons, door handles, handrails, etc. Use a barrier such as a tissue or your sleeve to cover your hands or fingers if you must touch something.

6. Avoid touching your face, nose, eyes, mouth. Cover your mouth and nose with the best-available protective material, including masks, when in public.

7. Clean and disinfect your home and vehicles to remove germs: practice routine cleaning of frequently touched surfaces (for example: tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, steering wheels, door handles, gearshifts, and cell phones).

8. Avoid all public gatherings.

9. Avoid all non-emergency travel.

NOTICE IS FURTHER GIVEN that this Order shall take effect Friday, May 1, 2020 at 8:00 P.M. MDT and shall remain in effect until Monday, May 11, 2020 at 5:00 A.M. MDT


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Definitions

**Emergency:** a serious, unexpected, or dangerous situation requiring immediate action, including a medical condition that requires immediate treatment.

**Essential Activities:** (1) activities or tasks essential to health and safety such as obtaining critical medical supplies or medication, or visiting a health care professional for an imminent health need (including the needs of pets and livestock); (2) obtaining necessary services or supplies such as canned food, dry goods, produce, pet supplies, meat, and any other household consumer products, and products necessary to maintain the safety, sanitation, and essential operation of residential living, provided that when people need to leave their home to obtain such necessities, they should do so in limited numbers and should at all times adhere to Social Distancing Standards; and (3) engaging in daytime outdoor activity such as walking, hiking, or running, provided individuals adhere to social distancing requirements. (From Public Health Emergency Order No. 2020-003, March 20, 2020).

**Essential Businesses:** Healthcare Operation, Essential Governmental Functions and Essential Infrastructure (e.g., courts of law, medical providers for urgent care, public utilities, and critical school operations such as nutrition programs). (From Public Health Emergency Order No. 2020-002, March 19, 2020 and expanded through Public Health Emergency Order No. 2020-003, March 20, 2020 to include grocery stores, food banks, convenience stores, hardware stores and other establishments engaged in the retail sale of groceries and non-grocery products necessary to maintaining the safety, sanitation and essential operation of residences, among other things.)

**Essential Employees:** Those employees identified by Essential Businesses deemed to be necessary to the continued operation of those Essential Businesses.

**Essential Governmental Functions:** all services needed to ensure the continuing operation of the government agencies and provide for the health, safety and welfare of the public. (From Public Health Emergency Order No. 2020-002, March 19, 2020).

**Essential infrastructure:** Public works construction, construction of housing, water, sewer, gas, electrical, roads and highways, public transportation, solid waste collection and removal, internet, and telecommunications systems (including the provision of essential global, national, and local infrastructure for computing services, business infrastructure, communications, and web-based services). (From Public Health Emergency Order No. 2020-003, March 20, 2020).

**Social Distancing Requirements:** Limiting contact of people within 6 feet from each other. (From Public Health Emergency Order No. 2020-002, March 19, 2020).

**Social Distancing Standards:** Not shaking hands, standing at least six feet away from other people, avoiding crowds, etc. (From Public Health Emergency Order No. 2020-003, March 20, 2020).